



Aftercare Instructions for Crowns/Bridge Prep

- ✓ Your **anesthesia will wear off in approximately 1 to 3 hours** after the procedure. It is very important not to eat until the anesthesia wears off to prevent biting your lip, tongue, etc. You should also wait to eat or drink anything hot until the anesthesia wears off to prevent burning your mouth.
- ✓ **It is important that the temporary crown (or bridge) stay in place** until the permanent crown is placed. If the temporary crown becomes dislodged or feels high, please call us so that we may see you as soon as possible. Do not attempt to “glue” the temporary crown back in yourself or “go without it” as the teeth may become sensitive or shift slightly preventing placement of the permanent crown.
- ✓ **Some cold sensitivity and tenderness** around the gum is normal for the first few days.
- ✓ **Avoid chewing anything very hard or sticky on the temporary crown.** Examples to avoid: gum, candy, popcorn.
- ✓ **Brush as usual, but floss with care.** When flossing, pull floss through the side of the tooth. It is important to brush and keep gum tissue as clean as possible.